

Who We Are

The mission of the Wellness Center West is to provide a safe and nurturing environment for each individual to achieve their vision of recovery while promoting acceptance, dignity and social inclusion. Membership is free. To qualify for services you must be: an adult 18 years or older, a resident of Orange County, and have past or present lived experience with a mental health challenge.

Wellness Center West is funded through the Mental Health Services Act (MHSA) and is a contract provider with the Orange County Health Care Agency. We operate under the Mental Health Association of Orange County.



Wellness Center West

Contact us

Please call our office or visit our website to learn more about our services.

11277 West Garden Grove Boulevard
Suite 101A

Garden Grove, CA 92843

Phone: (657) 667-6455

Fax: (714) 620-7995

www.WellnessCenterWest.org

MHA Administrative Office
1971 East 4th Street, Suite 130A

Santa Ana, CA 92705

Phone: (714) 547-7559

Fax: (714) 543-4431

www.mhaoc.org



WELLNESS • RECOVERY • RESILIENCE



www.WellnessCenterWest.org

Supportive Services

In response to the physical distancing order, Wellness Center West has reduced capacity for in-person services. We are offering additional services online and over the phone.

We are currently offering...

- Support groups online and in-person
- Resources through our website
- Self-help activities

We offer different types of support groups focusing on the spiritual, emotional, physical and social dimensions of wellness. Our support groups are offered online via teleconference lines and in-person in a supportive, confidential setting.



HOURS OF OPERATION

Monday.....9 A.M. - 5 P.M.
Tuesday.....9 A.M. - 5 P.M.
Wednesday.....9 A.M. - 4 P.M.
Thursday.....9 A.M. - 7 P.M.
Friday.....9 A.M. - 5 P.M.
Saturday.....9 A.M. - 5 P.M.
Sunday.....CLOSED

PEER SUPPORT

Our staff are living examples of recovery. Each of our group facilitators has lived experience with mental illness and is here to offer hope and support in your recovery.

Our vision is for members to feel empowered to successfully meet their needs and achieve healthy recovery.

OTHER SERVICES

Please call our office to be connected with our Peer Mentors for assistance with...

- Housing and Community Resources
- Employment and Volunteering
- Continuing Education

